

# What is Chiropractic?

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*Chiropractors use hands-on spinal manipulation and other alternative treatments, the theory being that proper alignment of the body's musculoskeletal structure, particularly the spine, will enable the body to heal itself without surgery or medication. Manipulation is used to restore mobility to joints restricted by tissue injury caused by a traumatic event, such as falling, or repetitive stress, such as sitting without proper back support. Chiropractic is primarily used as a pain relief alternative for muscles, joints, bones, and connective tissue, such as cartilage, ligaments, and tendons. It is sometimes used in conjunction with conventional medical treatment.*

The brain stem and spinal cord are the primary pathways for nerve impulses to and from the brain. Messages back and forth through these nerves control the health and function of virtually every other cell, tissue, organ and system of the body. Just as you need regular dental exams, you also need regular spinal exams. Your chiropractor can help you maintain a healthy life free of pain. Call us today to schedule a complimentary consultation.



# Causes/Treatment

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- Spinal misalignments are typically caused by stress that overwhelms the body's resistance and coping ability. Physical stress can happen as the consequence of a motor vehicle accident or sliding on a wet sidewalk, wrong positioning, work related shock, or birth trauma. Mental strain can be the consequence of heavy emotional injury or the incapacity to adjust to a stressful situation. Chemical shock can spring from the abuse of therapeutic or illicit drugs, inadequate nourishment, or environmental poisons. By disturbing the nervous system, these misalignments meddle with standard function, minimizing your body's capability to function, evolve, and repair.
- Chiropractors manipulate these subluxations by carefully adjusting the alignment of the bones of the spinal column, reducing or relieving abnormal messaging thus allowing the human frame to normally work, harmonize and mend.



# Benefits

**One of the main causes of pain and disease in the human body can be traced to improper alignment of the vertebrae in your spinal column. This is called a subluxation. Through carefully applied pressure, massage, and manual manipulation of the vertebrae and joints, pressure and irritation on the nerves is relieved and joint mobility is restored, allowing your body to return to its natural state of balance, called homeostasis. Put another way, when the bones in your spine are allowed to go back to their proper positions, the nerve energy can resume its normal flow and your body's natural healing processes can function properly.**

## Regular Chiropractic care provides the following benefits

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- Headache, spinal and back pain relief
- Future injury prevention and improved immune function
- Muscle spasm reduction
- Improved circulation and movement
- Decreased levels of lactic acid
- Increased oxygenation and better nutrient delivery to cells
- Enhanced flexibility
- Pain reduction or complete elimination
- More energy and less fatigue

## Non-HIPAA Covered Entity

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Dr. Edwin Doyle is a non-HIPAA covered provider. This means that no patient information is submitted in electronic form. What is the benefit of this to you? This protects the patient from having their private record entered into a nation-wide computer data base, potentially accessible by thousands of private and public bureaucrats, law enforcement agencies, employers, and hackers.

There is a difference between being "non-covered" and being "non-compliant." If you have a contract to be compliant or agree to become compliant you must follow the HIPAA Privacy and Security rules. The Transaction rules apply to the actual electronic billing process, for "covered entities" Individuals, organizations, and agencies that meet the definition of a covered entity under HIPAA .

However, If an entity does not meet the definition of a covered entity or business associate, it does not have to comply with the HIPAA Rules.

"It bears repeating that the Privacy Rule applies only to covered entities. The proverbial country doctor who deals only in paper, or who has a computer but conducts none of the transactions referred to in section 1173(a) electronically, would not be a covered entity and would not be subject to this legislation."

Karen Trudel, Director of HIPAA projects for CMS, AAPS 2002 spring meeting.

